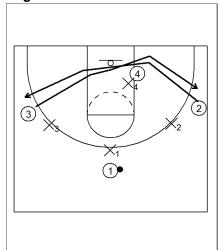


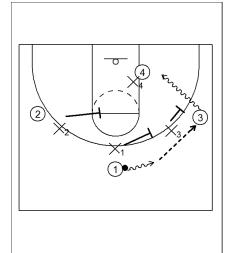
## Bcg - diamond drill



# <u>Billy Clyde Gillispie:</u> In Your Face Pressure Defensive Drills

## Drill: Diamond Drill:

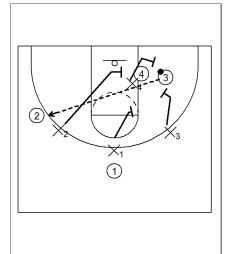
- O2 and O3 will start the drill by crossing under the basket
- X1 is trying to push the ball to one side
- O4 will stay ball side while X4 trys to stay on top side



# <u>Billy Clyde Gillispie:</u> In Your Face Pressure Defensive Drills

## **Drill: Diamond Drill:**

- On pass to wing, O3 are immediately dropping head and trying to get to the rim or elbow
- Try to drive baseline most of the time
- If drive is stopped, wing will skip to opposite wing
- Weakside defender must close out if shot and block out if shot is taken, close out and defend drive if not
- If weakside wing doesn't have a shot, he immediately drives

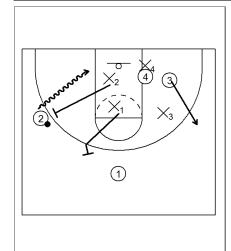


# <u>Billy Clyde Gillispie:</u> In Your Face Pressure Defensive Drills

#### . Drill: Diamond Drill:

O3 drove, was stopped and skips the ball

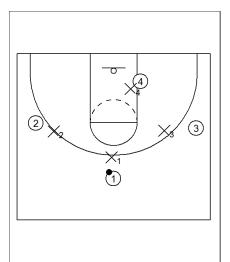




## Billy Clyde Gillispie: In Your Face Pressure Defensive Drills

### Drill: Diamond Drill:

• After the skip, if O2 has a shot he takes it, if not he immediately drives



# <u>Billy Clyde Gillispie:</u> <u>In Your Face Pressure Defensive Drills</u>

### Drill: Diamond Drill:

- stresses closeouts and contesting shots
- How much influence and help
- Trap the post (can add in)
- Post Defense Change sides (post must get from highside to lowside of post on a baseline drive
- Work on closeouts (helpside in paint, must close out on skip from driver to opp. wing)
- Contest Shots (off of a closeout)