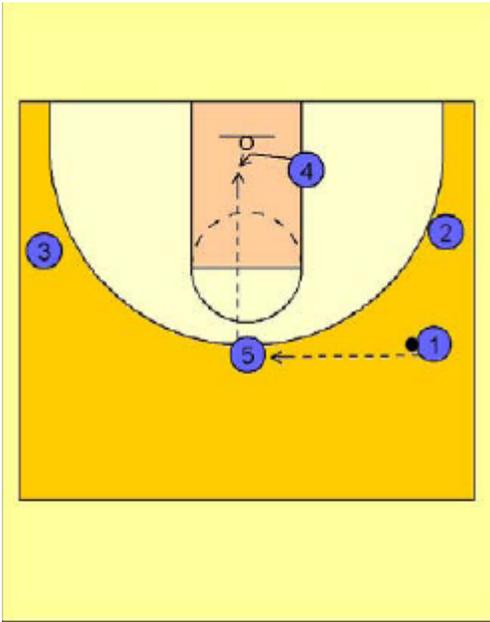


Pass Option Trailer Entry Series

I firmly believe in the whole—part—whole method of teaching. They need to see what it is supposed to look like before they can truly understand it. Then break it down, teach and demand!

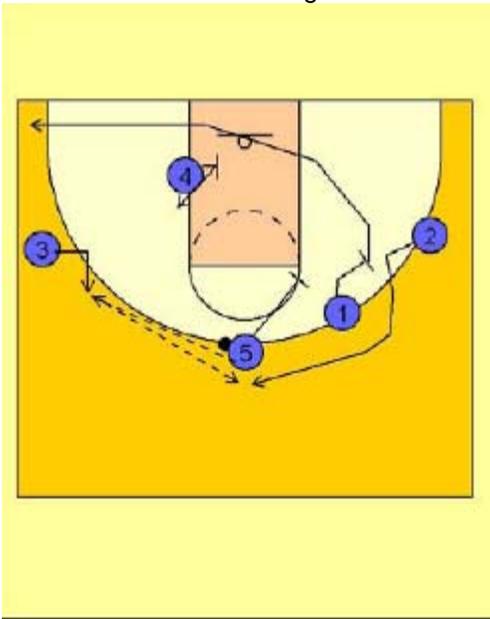
www.coachjayjohn.com Page 16

Trailer entry series



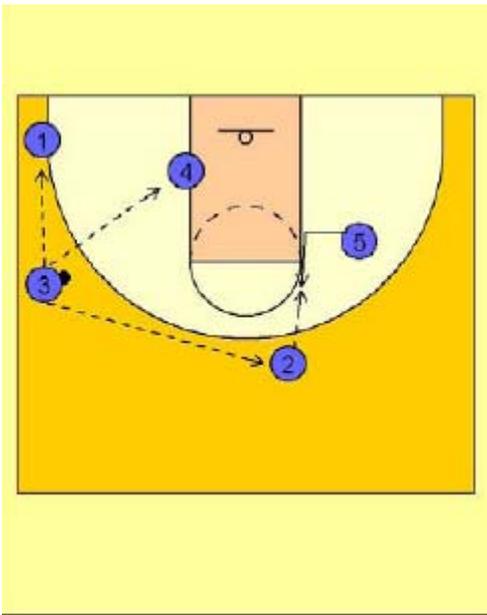
(Trailer Entry Series)

#1 elects to pass the ball to the trailer man, #5 in this diagram.
 #5's first look is #4 ducking into the lane for the high / low pass.



(Trailer Entry Series)

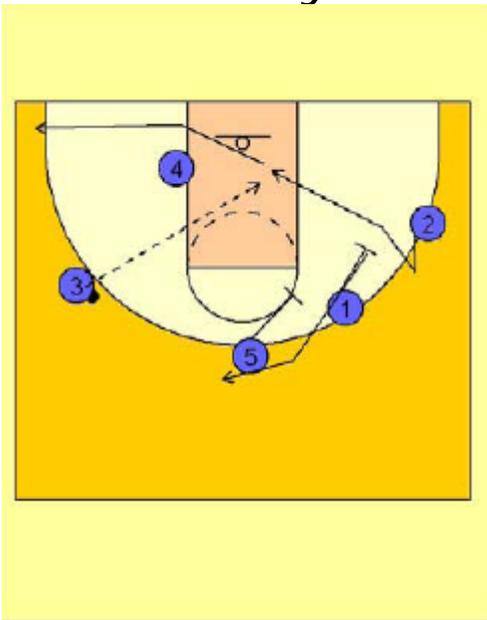
#5 then passes the ball to #3 on the left wing.
 #4 follows the ball across and then turns to set a screen.
 As that action is taking place, on the pass from #5 to #3, #5 and #1 are setting double staggered screen for the shooter #2..#2 has THREE options available to him. If #2 decides to come over the top of the double staggered screen, #1 will read this and cut to the ballside corner area, often off the screen on the block from #4.



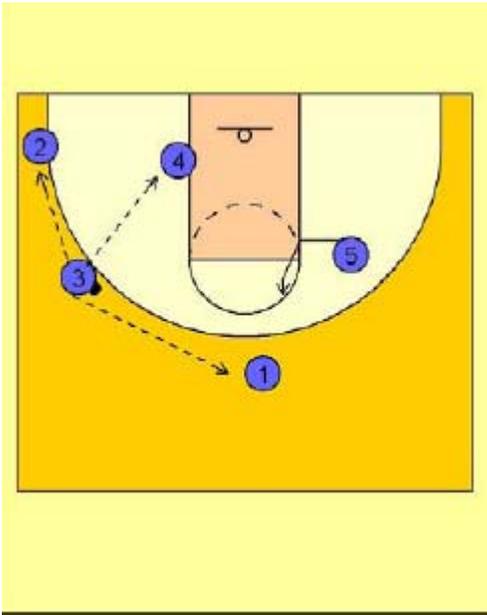
(Trailer Entry Series)
 Now #3 has the ball on the left high wing area and is set to make one of THREE passes in our Culmination Alignment.
 The corner pass to #1 initiating our Triangle Corner Series,
 The post pass to #4 initiating our Triangle Post Series,
 Or to #2 on top initiating our Pinch Post Series.
 The Pinch Post Series and the Triangle Series are described in detail in it's own section.

www.coachjayjohn.com Page 17

Trailer entry series



(Trailer Entry Series)
 Another option at the beginning of this series is when #2 uses the double staggered screen from #1 and #5.
 #2 has the option to fake high off the screens and then cut backdoor. #3 will look for the quick pass in the lane.
 #2 will then continue his cut out to the ballside corner area. #1, recognizes that #2 cut backdoor, immediately turns and uses a screen from #5 to break up to the top of the key area.
 In short here, #2 and #1 are exchanging spots on the floor initiated by #2's backcut to the rim and ballside corner.



5

(Trailer Entry Series)

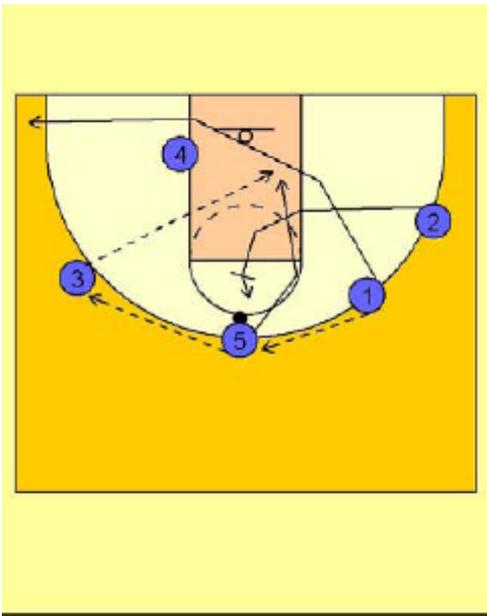
Now #3 has the ball on the left high wing area and is set to make one of THREE passes in our Culmination Alignment.

The corner pass to #2 initiating our Triangle Corner Series,

The post pass to #4 initiating our Triangle Post Series,

Or to #1 on top initiating our Pinch Post Series.

Again, the Pinch Post Series and the Triangle Series are described in detail in it's own section.



6

(Trailer Entry Series)

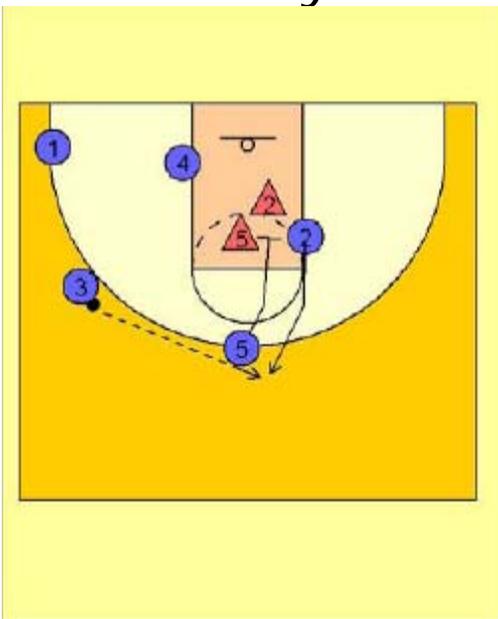
#2's last option is to not use the double screen from #5 and #1 and instead cut into the middle of the freethrow line area when #1 passes to #5 on top.

As soon as #1 sees #2 cutting into the lane instead of waiting for the double screen from #5 and #1, #1 would cut quickly to the opposite side corner area.

When #5 passes the ball to #3, #2 will have his fist raised calling out #5's name so that he will recognize the backscreen option. #5 will then cut to the rim looking for the pass back from #3.

www.coachjayjohn.com Page 18

Trailer entry series



7

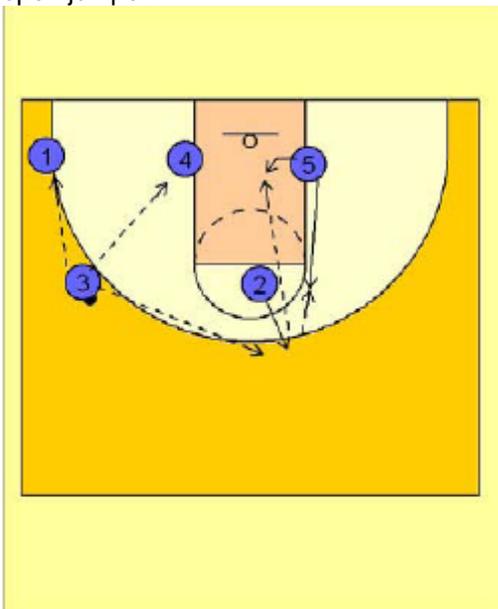
(Trailer Entry Series)

IMPORTANT OPTION: At anytime in this system when you have a small on big screen, as we see in this option with #2 backscreening for #5, you may look to "exchange" roles.

If #2 and #5's defender is sagging in the lane to help on the cut to the basket by #5, #5 will read, raise his fist and call out #2's name and screen for him (#5 downscreening for #2, instead of #2 backscreening for #5).

This action is extremely effective as #2 and #5's defender is so far back in the paint he will often be unable to get out on the shooter #2 in time.

#3, instead of looking for the lob pass to #4, would look to hit #2 breaking out on top for the potential open jumper.



8

(Trailer Entry Series)

If #3 did not make the lob pass to #5 cutting to the rim, he would have the ball on the left high wing area and is now set to make one of THREE passes in our Culmination Alignment.

The corner pass to #1 initiating our Triangle Corner Series,

The post pass to #4 initiating our Triangle Post Series, Or to #2 on top, initiating our Pinch Post Series.

Again, the Pinch Post Series and the Triangle Series are described in detail in it's own section.

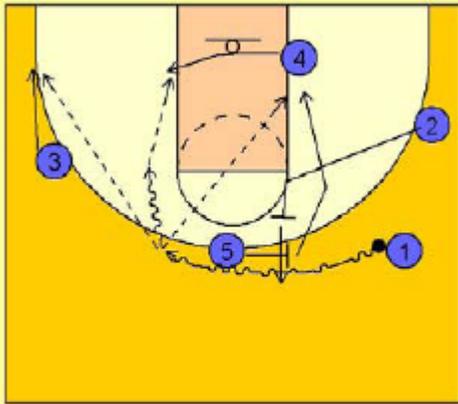
www.coachjayjohn.com Page 19

Pass Option Pick & Roll Entry Series

**Breakdown the pick and roll.
Additionally, get your players to
understand that the primary goal of
dribble penetration is to get two
defenders to guard the ball.
Accomplishing that goal will lead to
greater scoring opportunities.**

www.coachjayjohn.com Page 20

Pick and roll series



1

(Pick and Roll Series)

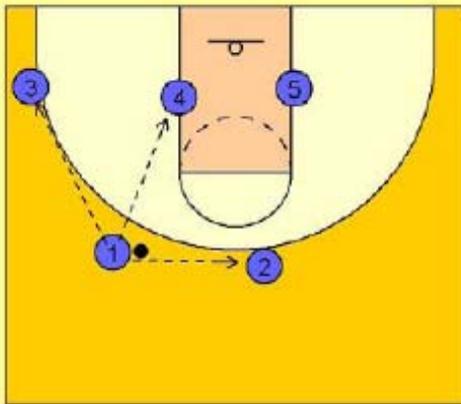
#1 elects to turn his dribble towards the middle of the floor which will initiate the Pick and Roll series.

#5 moves over to set a ballscreen on #1's defender. As this action is happening, #2 is moving up to set a backscreen on #5's defender.

#4 follows the ball across the lane to the opposite low block area.

#5 rolls to the basket after ballscreening for #1 off the backscreen from #2. #2 steps out on top after backscreening for #5.

#1 can look to: score of the dribble, drive and kick out to #3 on the left wing, pass the ball inside to #4 cutting across the lane, or throw the pass to the basket to the cutting #5 man.



2

(Pick and Roll Series)

If #1 did not use any of the scoring options available to him off the initial ball screen, he is now in a position on the left wing and has THREE passing options available to him in our Culmination Alignment.

He can pass to #3 in the left corner that will initiate our Triangle Corner Series,

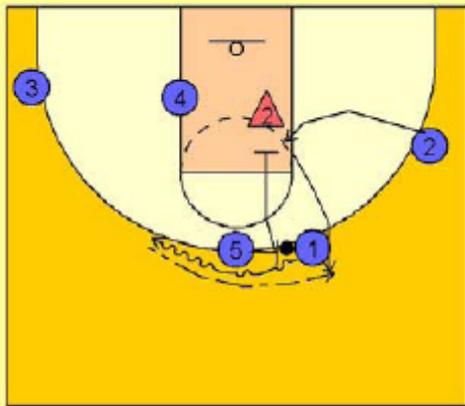
He can pass into the post player #4 which will initiate our Triangle Post Series,

Or he can pass to #2 on top which will initiate our Pinch Post Series.

The Pinch Post Series and the Triangle Series are described in detail in it's own section.

www.coachjayjohn.com Page 21

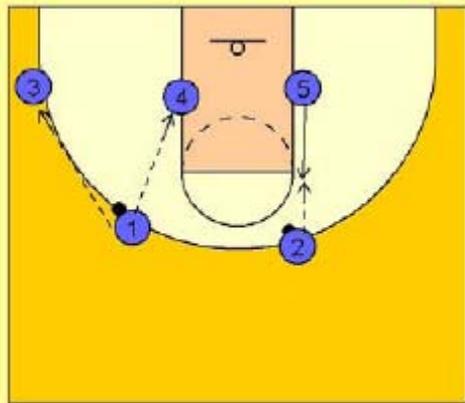
Pick and roll series



3

(Pick and Roll Series)

IMPORTANT OPTION: As in the Dribble Clear Series, whenever you recognize on the "small on big screen" between #2 and #5 that the defenders are sagging in the lane and helping on the lob cut, #5 and #2 will reverse roles and #5 will downscreen for #2, trying to free him for an open jumper on top. This is a read by #5 who recognizes the sagging defender in the lane, he then immediately raises his fist, calls out #2's name, and #2 now uses the downscreen from #5 to get open on top and look for the pass from #1 for the jumpshot.



4

(Pick and Roll Series)

If #2 did not get the shot, #5 would flash into the high post elbow area and they are set to begin the Pinch Post Entry.

If #1 did not pass to #2 on top for the shot, #1 would have the option to enter either to the post man #4 and initiate the Triangle Post Series or to the wing man #3 and initiate the Triangle Corner Series.

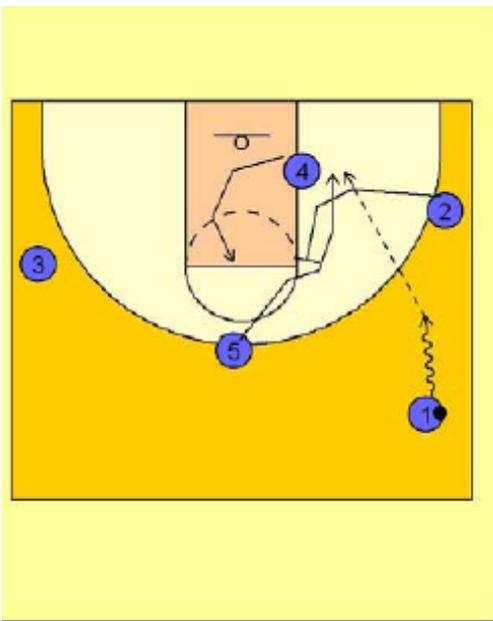
www.coachjayjohn.com Page 22

Pass Option Dribble Clear Entry Series

Several of the backscreens in this system are small on big, ensuring that if your defenders switch, the likelihood of a mismatch is greatly increased, whether on the lob or the subsequent post up action.

www.coachjayjohn.com Page 23

Dribble clear series



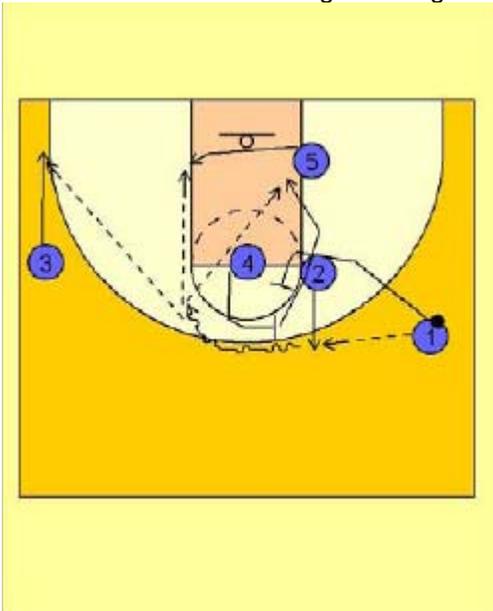
1

(Dribble Clear Series)

#1 waves out #2 as he dribbles the ball into the front court. #2 cuts up the lane and sets a backscreen on #5's defender right around the freethrow line eblow area.

As this is happening, #4 steps back a few steps and then cuts up the middle of the lane and stops around the middle of the freethrow line area.

#1's first look is to #5 cutting to the right low block.



2

(Dribble Clear Series)

If #5 is not open, #2 immediately pops out after backscreening for #5 and receives the pass from #1.

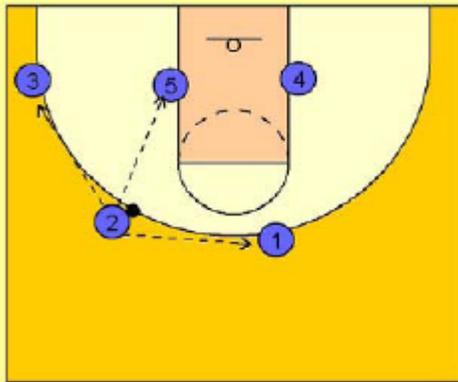
#2 MUST step towards the ball and catch the pass on the right side of the top of the key area. The spacing will not work if he screens and pops out to the top of the key area.

Now #2 has the ball and immediately receives a ballscreen from #4. This backscreen / ballscreen action is difficult to defend if executed quickly and properly.

As soon as #1 passes to #2, he cuts into the freethrow line area looking to set a backscreen on #4's defender.

#2 comes off the ball screen looking to: score the 15' pull up jumper, get in the paint and score, look for #5 coming across the lane, pass the ball to #4 cutting to the basket off of the backscreen from #1, or drive and kick out to #3 on the left wing.

Dribble clear series



3

(Dribble Clear Series)

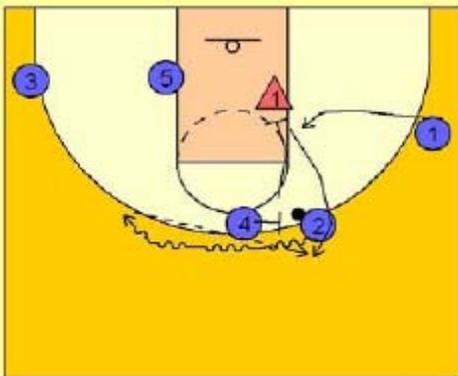
If #2 did not have any of the scoring opportunities available to him on the previous diagram, he is now in a position on the left high wing area and is set to make one of THREE passes in our Culmination Alignment.

The corner pass to #3 initiating our Triangle Corner Series,

The post pass to #5 initiating our Triangle Post Series,

Or to #1 on top initiating our Pinch Post Series.

The Pinch Post Series and the Triangle Series are described in detail in it's own section.



4

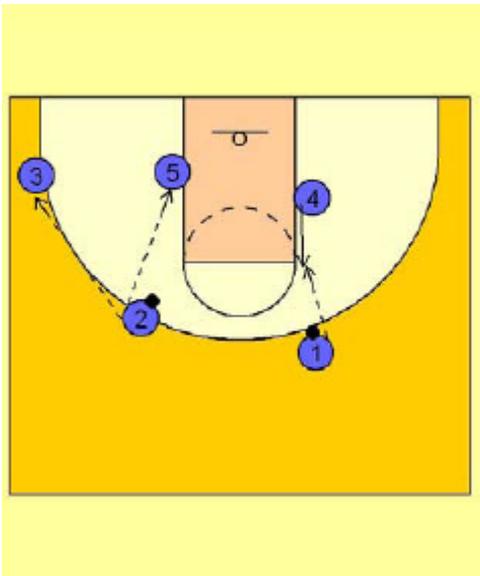
(Dribble Clear Series)

IMPORTANT OPTION: At anytime in this system when you have a small on big screen, as we see in the beginning of this series with #1 and #4, you may look to "exchange" roles.

If #1's defender is sagging in the lane to help on the cut to the basket by #4, #4 will read, raise his fist and call out #1's name and screen for him (#4 downscreening for #1, instead of #1 backscreening for #4).

This action is extremely effective as #1's defender is so far back in the paint he will often be unable to get out on the shooter #1 in time. #4's man may not be able to help either as he is busy "hedging" and "helping" on the ballscreen action between #4 and #2.

#2, instead of looking for the lob pass to #4, would look to hit #1 breaking out on top for the potential open jumper.



5

(Dribble Clear Series)

If #1 did not get the shot, #4 would flash into the high post elbow area and they are set to begin the Pinch Post Entry.

If #2 did not pass to #1 on top for the shot, #2 would have the option to enter the ball either to the post man #5 and initiate the Triangle Post Series or to the wing man #3 and initiate the Triangle Corner Series.

www.coachjayjohn.com Page 25

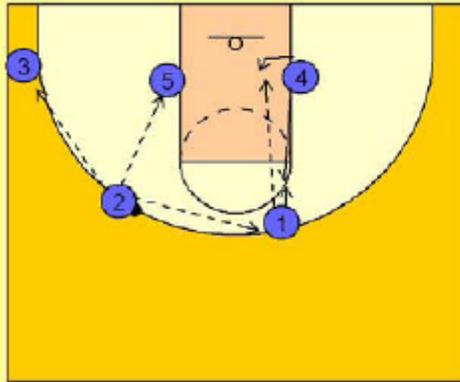
Pass Option Culmination Triangle Series

A multitude of offensive attacks with no play calls or verbal signals, using only the entry pass as your guide.

Beautiful to watch, difficult to defend and impossible to scout.

www.coachjayjohn.com Page 26

Triangle culmination series



1

(Culmination - Triangle Series)

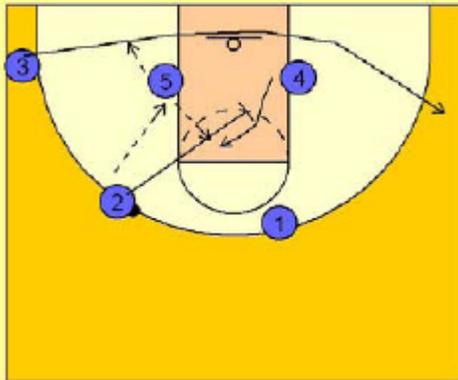
Whenever the wing player, #2, receives the ball on the left or right high wing area, he is set to make one of THREE passes in our Culmination Alignment.

The corner pass to #3 initiating our Triangle Corner Series,

The post pass to #5 initiating our Triangle Post Series,

Or to #1 on top initiating our Pinch Post Series.

The Pinch Post Series is described in detail in it's own section, so we will continue with outlining the Triangle Options should the ball be passed to the corner or the low post.



2

(Culmination - Triangle Series)

If #2 passes into the post player #5, the Triangle Post Series is initiated.

#3 will cut backdoor and out to the opposite wing area while #2 cuts into the lane, also looking for a pass back from the post player, and then #2 will set a screen on #4's defender on the opposite low block. #2 can look to step to the basket if the defenders try and switch the screens.

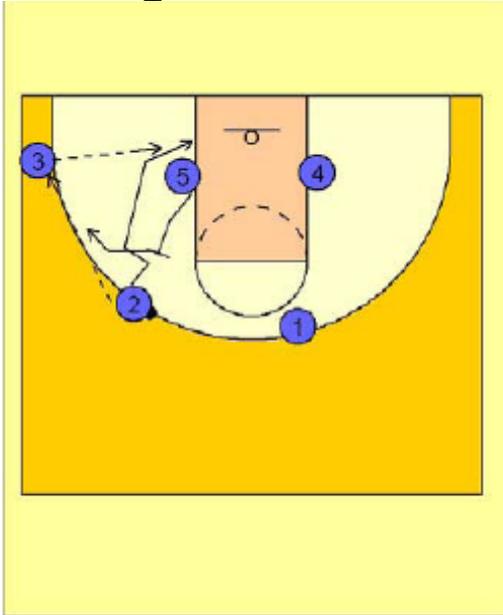
IMPORTANT NOTE: If #5 has an angle to the basket on the catch he is always instructed to drop step and attack the basket immediately. He will only hold the ball and continue the Triangle Post Series when the center is playing directly behind him.

#5 will look first to the cutters and then look to hit #4 in the mid-lane area.

#5 must ALWAYS post up above the low block, giving him room to make the backdoor entry pass to the cutting corner man.

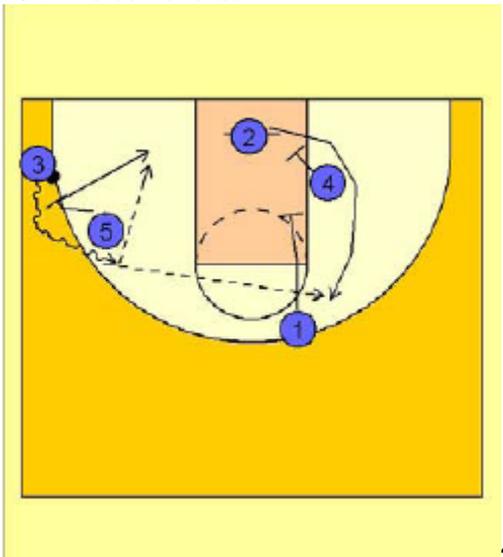
www.coachjayjohn.com Page 27

Triangle culmination series



(Culmination - Triangle Series)

If #2 passes to #3 in the corner, the Triangle Corner Series is initiated. #5 will step out and look to set a backscreen on #2's defender. #2 looks for the ball cutting to the basket. As soon as #2 cuts off the backscreen from #5, #5 will then move over to set a ball screen for #3 in the corner area.



(Culmination - Triangle Series)

As #3 and #5 execute the pick and roll on the left corner / wing area, #2 is coming off a double staggered screen from #4 and #1. #3 can look to score off the dribble, pass to #5 rolling to the basket, or hit #2 coming off the double staggered screen. #4 would look to post up after the screening action while #1 would break out to the right wing area.