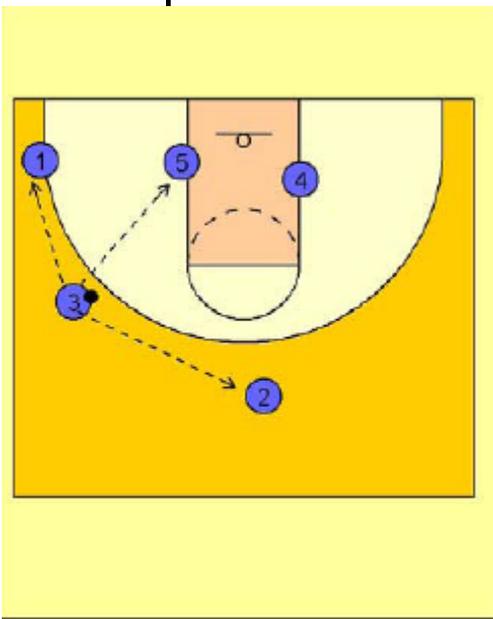


Pass Option Culmination Pinch Post Series

The high post entry pass has to be treated (and drilled) the same way you drill your post players on the low block. Great footwork, balance, and low stance with an incredible determination to receive the ball.

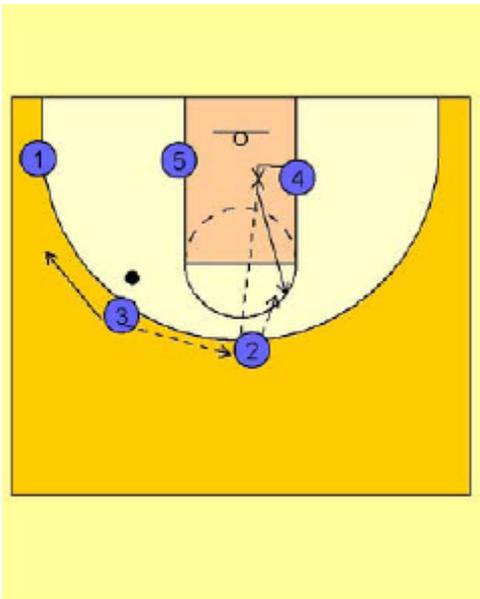
www.coachjayjohn.com Page 29

Pinch post culmination series



(Culmination - Pinch Post Series)

Whenever the wing player, #3, receives the ball on the left or right high wing area, he is set to make one of THREE passes in our Culmination Alignment. The corner pass to #1 initiating our Triangle Corner Series, The post pass to #5 initiating our Triangle Post Series, Or to #2 on top initiating our Pinch Post Series. The Triangle Series is described in detail in it's own section, so we will continue outlining the Pinch Post Series options should the ball be passed to the top man, #2.



(Culmination - Pinch Post Series)

The Pinch Post Series has several options and will be the bread and butter of your offense once you master all of the options.
IMPORTANT NOTE: When the wing player (#3 in this diagram) makes his Pinch Post entry to the top man (#2 in this diagram) he must flatten out to the freethrow line extended area for proper spacing to continue the offense.

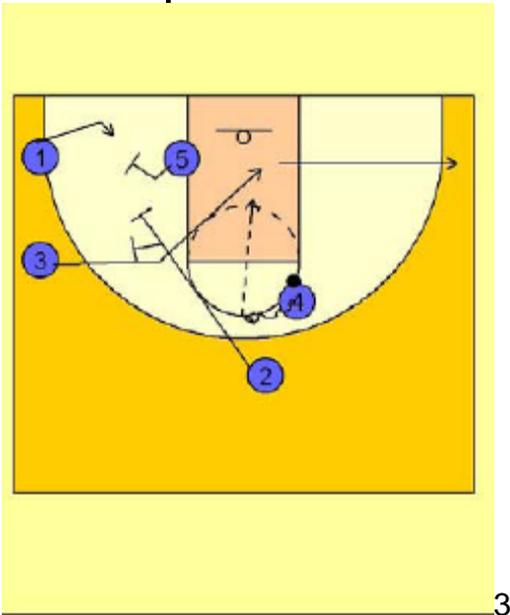
As the ball is passed to #2 on top, #4, who just cut to the basket, will look to post up briefly for a 1 sec. count, looking for the high / low entry pass from #2, especially if the defenders switched on the potential backscreen action and you have a size mismatch from the small on big screen.

If #4 is not open after a 1 sec. count, he will immediately flash to the high post elbow area, the "pinch post" location.

#2 will look to hit #4 as he reaches the high post area. It is important that #4 receive the ball in the high post WHEN he is open, at the top of his cut. He should not be waiting for the pass. Timing is crucial.

www.coachjayjohn.com Page 30

Pinch post culmination series



(Culmination - Pinch Post Series)

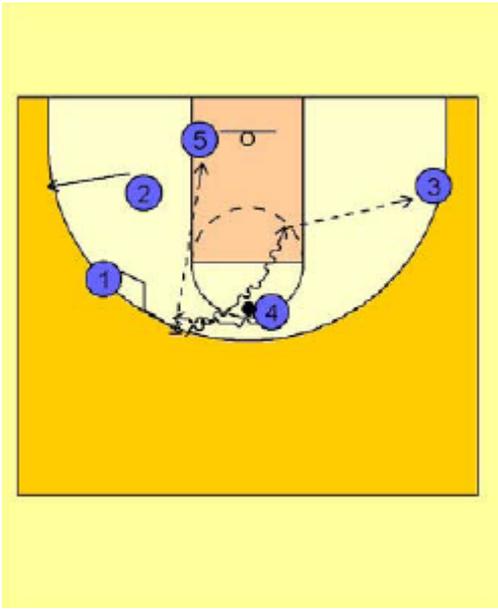
OPTION #1 (and should be your most used option, especially early):

Once #2 passes to #4, #2 will cut quickly to the left low block area looking to set a screen on #1's defender, along with #5. As #2 cuts down for this screen, it is #3's responsibility to time his cut so that he comes off the back of #2. #3 will cut through the lane and then out to the opposite wing area.

As this X-cut action is taking place, #4 centers the ball with a dribble or two and looks for the first open receiver (#3 or #1).

TEACHING POINT: If #3 happens to be a good post player or you have a mismatch defensively, this would be a great opportunity for #3 to stop in the lane, seal his defender and then #4 could look to make the high / low entry pass to #3 on the low block. #3's defender usually trails him on this cut or plays on the high side. You can have #3 stop and seal with his outside leg stepping over the top of the defender for good post position. If #4 did not look to make the post entry pass to #3 and continued his dribble towards #1, #3 would then continue his cut out to the right corner area.

NOTE: You may want to experiment with #2 screening #3's defender INSTEAD of just cutting down to screen #1's defender with #3 cutting off his back. In this case, #2 would screen #3's defender and then continue his movement down to screen #1's defender.



4

(Culmination - Pinch Post Series)

#4 may continue his dribble and instead of passing to #1 coming off the screening action he will execute a dribble hand-off with #1. This action is effective if #4's recognizes #1 being defended hard off the screening action from #2 and #5.

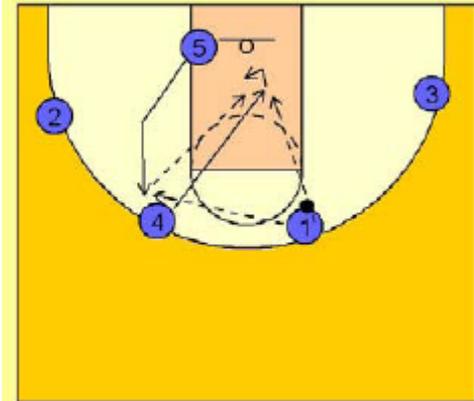
As #4 is dribbling towards #1, he may also look for #5 ducking in the lane for the post entry pass. The lane has been cleared out and #5 should have an area to work inside.

If #1 was open, he would most likely receive the pass from #4 for the shot instead of the dribble hand-off, but it is his choice.

#1's first look will be to score of the dribble or drive and kick out to #3 on the right wing.

www.coachjayjohn.com Page 31

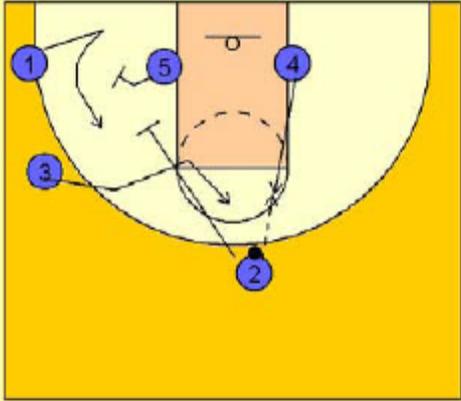
Pinch post culmination series



5

(Culmination - Pinch Post Series)

As soon as #4 hands-off to #1, and this is consistent with all dribble hand-offs on the perimeter by a post / perimeter player, #4 will roll into the lane looking for the pass from #1. As this roll action from #4 takes place, #5 must always pop out to the space once occupied by #4. This action will allow #1 to quickly reverse the ball to #5 who can look inside to the pinning and sealing #4.



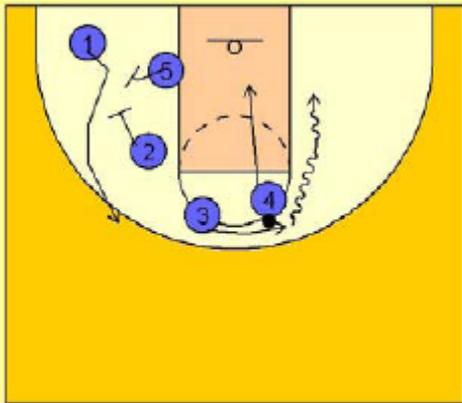
6

(Culmination - Pinch Post Series)

OPTION #2:

#2 passes to #4 flashing and makes the same quick hard cut down to the left low block area looking to screen #1's defender.

This time #3 fakes his x-cut action and breaks out to the top towards #4.



7

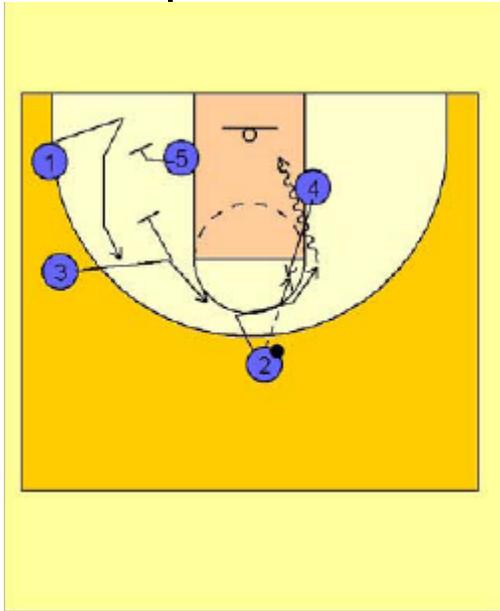
(Culmination - Pinch Post Series)

#3 will then take the hand-off from #4 looking to score the jump shot if he is open right away or turn the corner for the lay-up.

#4 will roll to the basket on all dribble hand-offs.

www.coachjayjohn.com Page 32

Pinch post culmination series



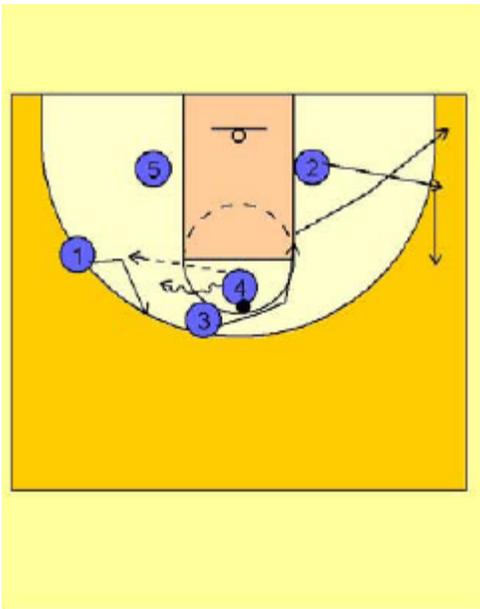
8

(Culmination - Pinch Post Series)

OPTION 3 (this one is almost a guaranteed lay-up if you run the first two options a handful of times first:

#2 passes to #4 flashing into the high post and starts his hard quick cut to the opposite low block to screen for #1's defender. This time, #2 fakes this action and quickly cuts back to receive a hand-off from #4. #2 looks to attack the basket on the catch.

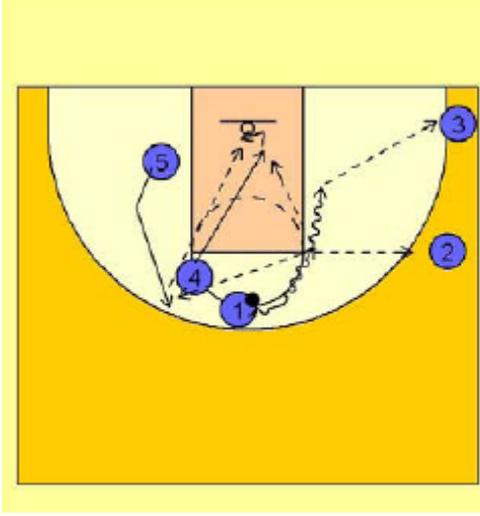
#3 sees this action taking place and can do one of two things. He can cut to the top and receive the hand-off from #4 if #2 did not get the ball, OR, he can turn around and look to screen #1's defender with #5.



9

(Culmination - Pinch Post Series)

If #2 did not get the ball he will quickly cut out to the right wing area and move up. #3 would also cut over the top and out to the corner area. #1 could then either receive the pass for the jump shot from #4 or #4 could continue his dribble and execute a dribble hand-off with #1.

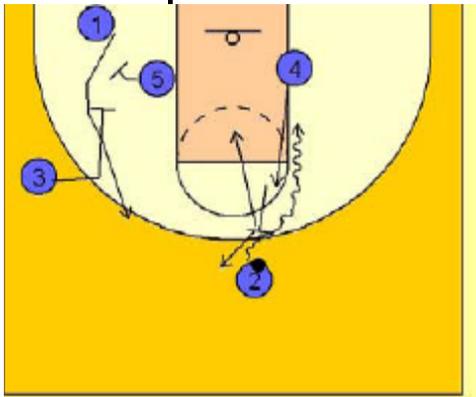


10

(Culmination - Pinch Post Series)

Again, as in previous diagrams, whenever #4 executes a dribble hand-off on top, he will roll into the lane while #5 slides up to the top. #1 looks to drive and score, drive and kick out to #3 or #2, pass to #4 rolling in the lane, or pass back to #5 who will look to feed #4 pinning and sealing in the lane.

Pinch post culmination series



11

(Culmination - Pinch Post Series)

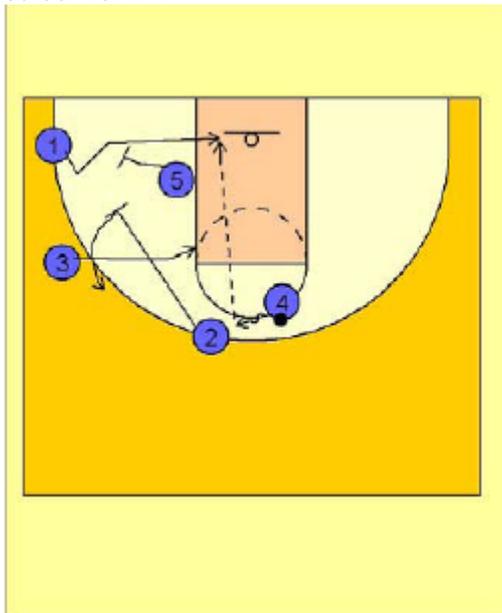
OPTION 4:

When #2 has difficulty passing to the flashing player #4, he may put the ball down on the floor and attack the basket. #4 will read this action and set a backscreen / ballscreen on #2's defender.

It is important that #4 set a direct backscreen on the dribbler's defender instead of trying to screen on the side of the defender, as in most pick and roll situations. #4 then may roll to the basket after the screen or look to spot up on top if he has good outside shooting range.

#2 is looking to make a direct drive to the basket and thus it is imperative that #4 set a backscreen / ballscreen for #2.

As that action is taking place, #3 and #5 are setting a double staggered screen for #1.



12

(Culmination - Pinch Post Series)

IMPORTANT NOTE: #1 ALWAYS has the option to cut low off the screening action from #2 and #5.

#1 would make his cut BEFORE #3 had a chance to "x-cut" off the back of #2, so the timing would allow #1 to get open before #3 cut into the lane.

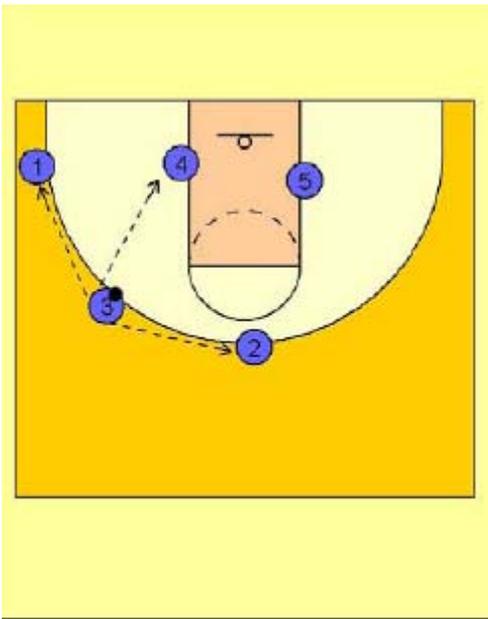
TEACHING POINT: If #1 does decide to cut underneath the basket off the screen from #5, #2 should reverse his cut and come back to the top to receive the potential pass or dribble hand-off from #4. In essence, he is just replacing #1 in the offense and would execute the movements #1 would make if he came off the screen toward the top.

www.coachjayjohn.com Page 34

Pass Option Pressure Releases

The true indicator as to the *potential* success of any offensive system are the counters you have in place when teams try to take away what you are attempting to do.

www.coachjayjohn.com Page 35



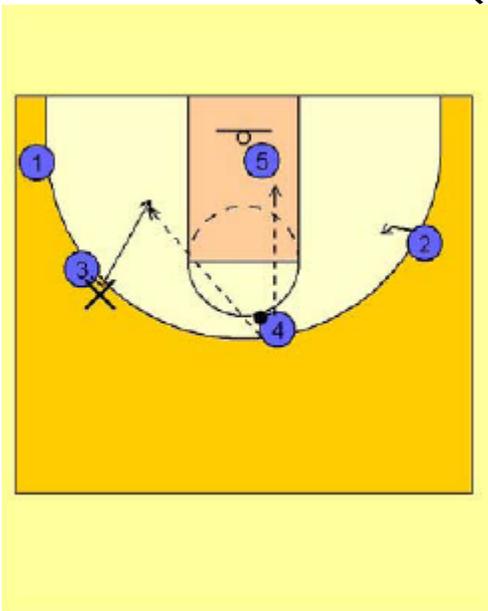
3

Pressure Releases (Wing Entry Series)

You are now in alignment for the Triangle Corner Series, Triangle Post Series, or the Pinch Post Series on top.

www.coachjayjohn.com Page 36

Pressure release (wing entry)



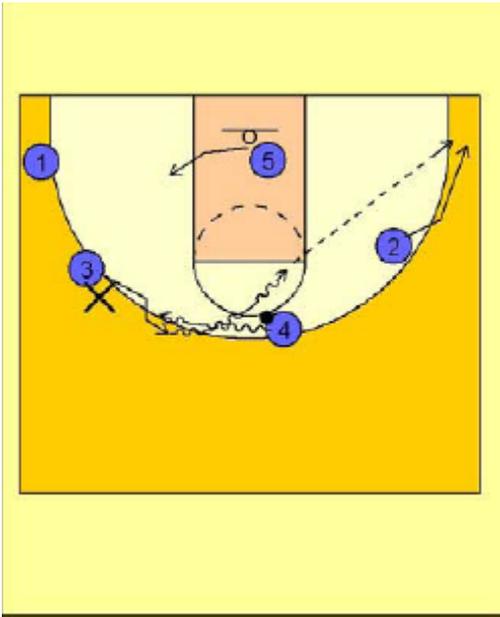
4

Pressure Releases (Wing Entry Series)

ANYTIME the post to wing reversal pass is denied, you have two options available to you.

Since #5 is "locking up" his defender with the high / low entry pass option from #4, #3 does have the opportunity to make a quick backdoor cut.

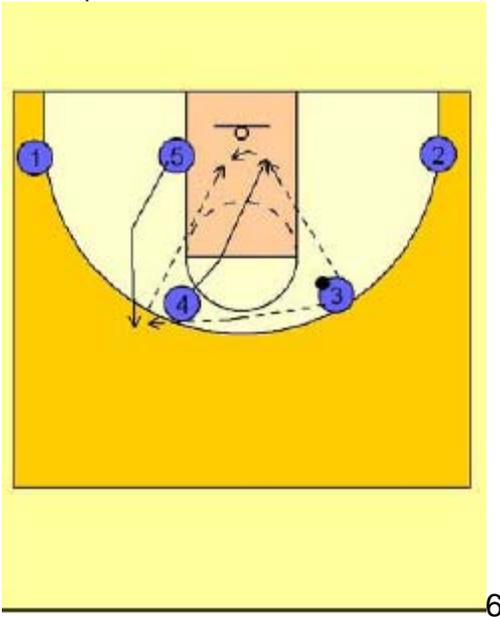
If #3 should receive the ball he should be ready to either score or dump the ball off to #5 should his defender come over to help.



5

Pressure Releases (Wing Entry Series)

The second option is for #4 to execute a dribble handoff with #3. #5 continues his movement across the lane while #4 drives at #3 for the handoff. #2 recognizes the dribble handoff and spots up in the corner area looking for the potential drive and kick out action from #3.



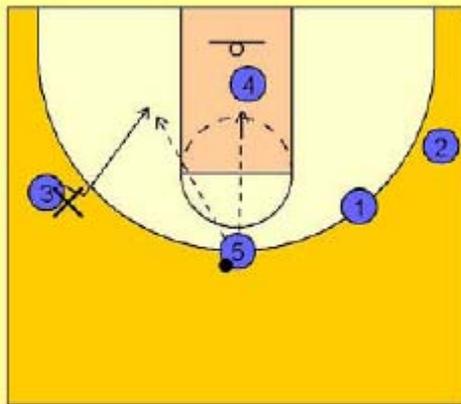
6

Pressure Releases (Wing Entry Series)

Again, as with all post / perimeter dribble handoffs we will have the post player, #4 roll into the lane while the opposite post player, #5, takes his defender out and up to the top of the key area. If #3 was unable to score on the drive, or the kick out to #2 in the corner, he will look to hit #4 rolling into the lane or will look to reverse the ball back to #5 on top who may have a better passing angle into the post player #4, if he is being denied the ball. We would then go to our motion offense or call a set play if we were unsuccessful in scoring here.

www.coachjayjohn.com Page 37

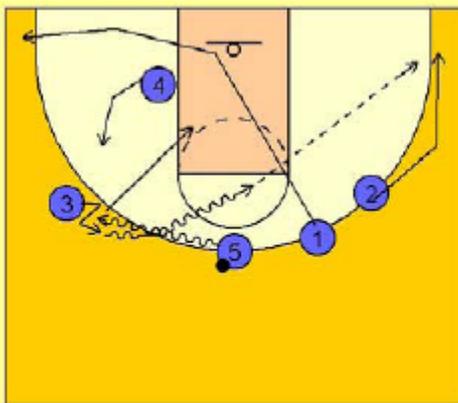
Pressure release (trailer entry)



1

Pressure Releases (Trailer Entry Series)

Whenever the wing entry pass is denied, not just in the Trailer Entry Series, but all series, the following action should occur immediately. #3 has two options. He can cut backdoor while #4 is "locking up" his defender in the middle of the lane with the high / low entry option from #5. #3 should be ready to catch and score or dump the ball off to #4 if his defender comes over to help on the backcut.



2

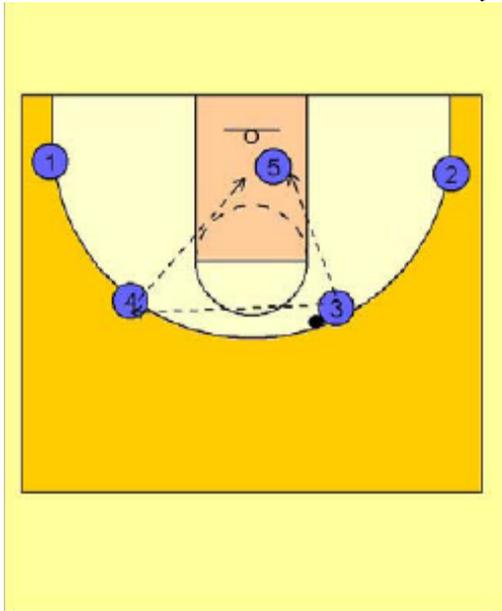
Pressure Releases (Trailer Entry Series)

The second option is for #5 to put the ball down and attack #3 on the wing and execute a dribble handoff. #1 recognizes the dribble handoff action and begins his normal clear out cut to the left corner area. #2 sees that #5 has begun the dribble handoff action with #3 and flattens out to the ballside corner area. #3 takes the hand-off and looks to get in the lane for a score or drive and kick out to #2 spotting up on the right wing.

As in all dribble hand-offs with the post players on the perimeter, #5 will roll to the basket and the opposite post player #4 will move up the lane taking his defender away from the basket.

www.coachjayjohn.com Page 38

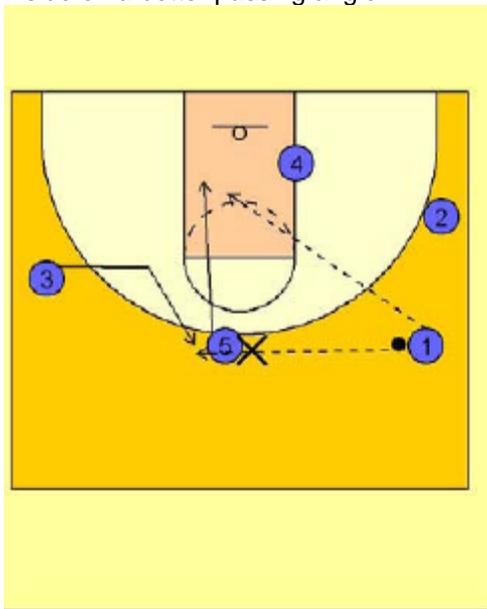
Pressure release (trailer entry)



3

Pressure Releases (Trailer Entry Series)

If #2 was not open on the initial drive and kick, #3 looks to hit #5 rolling to the basket or will pass the ball back to #4 on top and look to feed the ball inside on a better passing angle.

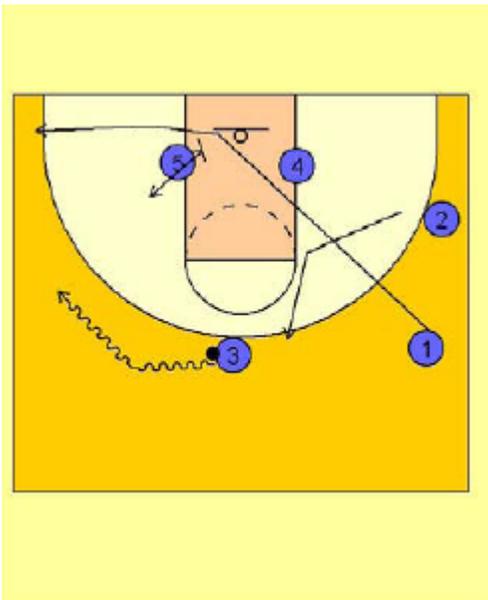


4

Pressure Releases (Trailer Entry Series)

When and if the Trailer Entry Series entry pass is denied, #5 will recognize and backcut immediately. #1 will look to hit #5 on the backdoor pass.

#3 recognizes this denial and backcut action and will quickly cut into the freethrow lane and out to the top of the key to receive the pass from #1.



5

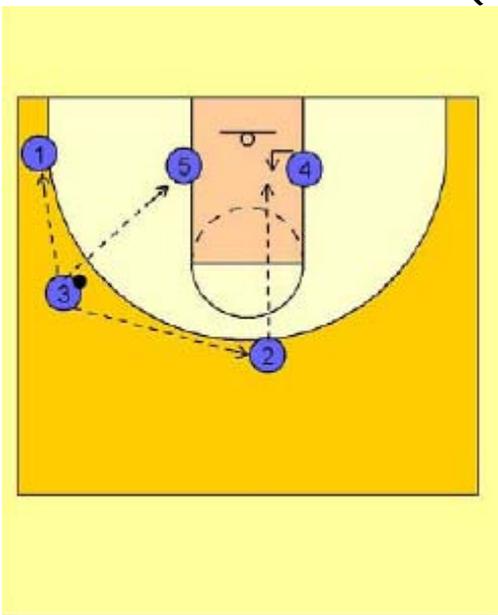
Pressure Releases (Trailer Entry Series)

Once #3 has the ball, he will quickly take the ball to the left wing on the dribble. #1 will cut through the lane and out to the ball side corner area off a screen from #5 on the block. After #5 screens he will post up above the block, looking for the entry pass from #3.

#2 cuts into the freethrow line area and out to the top of the key.

www.coachjayjohn.com Page 39

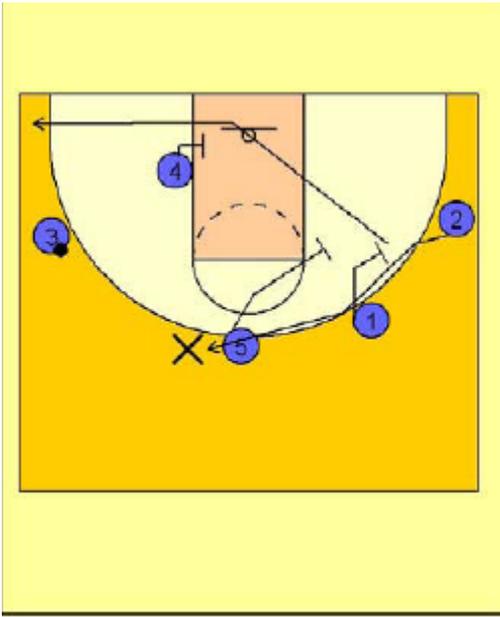
Pressure release (trailer entry)



6

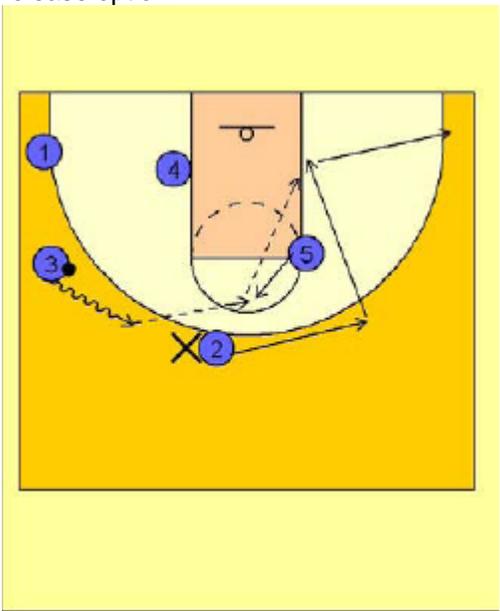
Pressure Releases (Trailer Entry Series)

You are now in alignment for the Triangle Corner Series, Triangle Post Series, or the Pinch Post Series on top.



Pressure Releases (Trailer Entry Series)

ANYTIME the wing player, #2, is denied the ball on top as he comes off the doublescreen from #1 and #5, you should look to use this pressure release option.

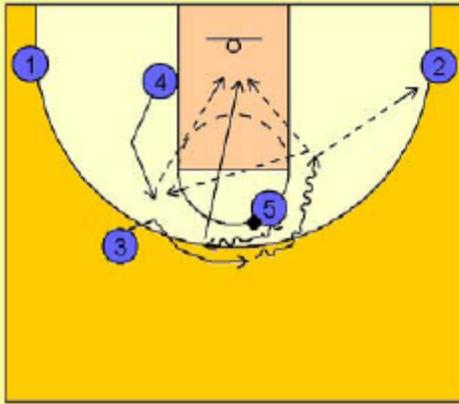


Pressure Releases (Trailer Entry Series)

#2 backcutting is not a great option as #4 is in the lane with his defender. So, when #3 recognizes that #2 is denied, we will use the same pressure release as described in the post flash pressure release option. #3 drives the ball at #2. #2 fades back to the right top wing area while #5 flashes toward #3 to receive the pass. Upon #5 receiving the pass from #3, #2 will cut backdoor looking for the pass from #5. If #2 did not receive the pass from #5 he will cut out to the same side corner area.

www.coachjayjohn.com Page 40

Pressure release (trailer entry)



9

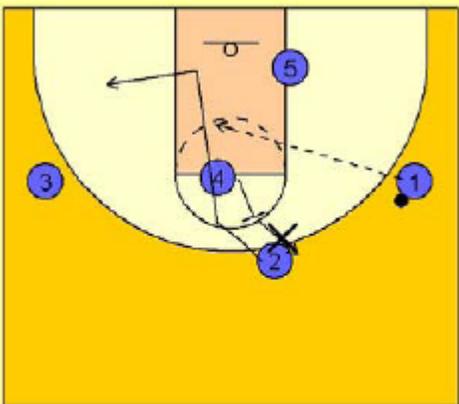
Pressure Releases (Trailer Entry Series)

#3 will not continue his movement toward the ball, take his defender down a bit and then come over the top to receive the dribble handoff from #5.

As with all post / perimeter handoffs on top, the opposite post player, #4, will start to move out on top while #3 looks to take the handoff and score off the dribble, drive and kick out to #2 on the right corner area if #2's defender helps on the penetration from #3, or #3 can look to hit #5 rolling in the lane or pass back to #4 on top for a better passing angle into the post player should #5 be fronted in the lane.

www.coachjayjohn.com Page 41

Pressure release (dribble clear)



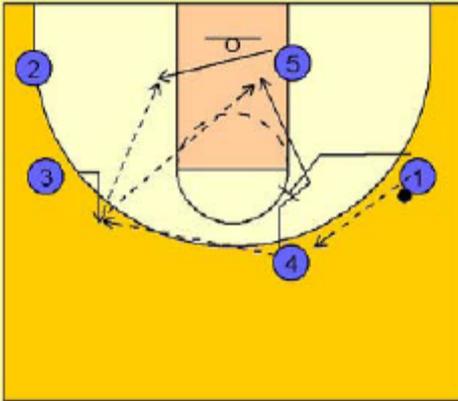
1

Pressure Releases (Dribble Clear Series)

In the Dribble Clear series, #2 sets a backscreen for #5 and then pops

out on top.

When and if #2 is denied this pass, #2 will quickly cut backdoor and look for a pass from #1. #4 will set a backscreen for #2 if he can and then will break out on top to receive the pass from #1.



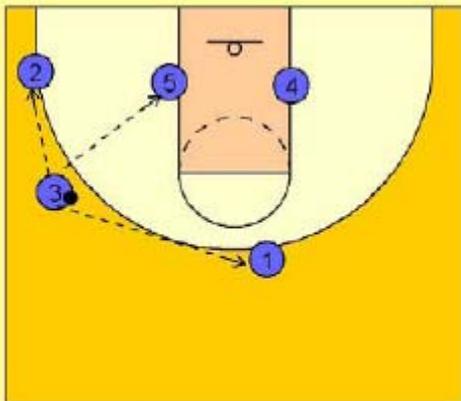
2

Pressure Releases (Dribble Clear Series)

#4 would then take the pass from #1 and would reverse the ball to #3 on the left wing. As #1 passed the ball to #4 he would move into the freethrow line elbow area. When #4 passes to #3, #1 sets a backscreen on #4's defender.

#5 would follow the ball across.

#3 can look to throw the ball to #4 cutting to the basket or #5 breaking across the lane looking for the ball on the ballside low block.



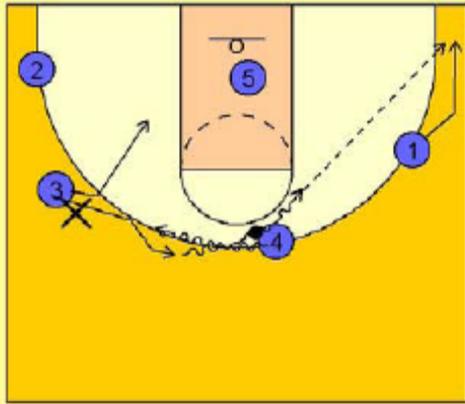
3

Pressure Releases (Dribble Clear Series)

You are now in alignment for the Triangle Corner Series, Triangle Post Series, or the Pinch Post Series on top.

www.coachjayjohn.com Page 42

Pressure release (dribble clear)



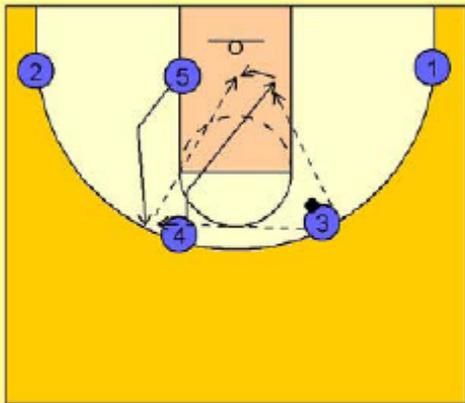
4

Pressure Releases (Dribble Clear Series)

As a reminder, with all post to wing passes in this system, when the wing is denied he will always have TWO options.

#3 can cut backdoor while #5 occupies his defender in the lane with the high / low entry pass option from #4, OR #4 can put the ball down and execute a dribble handoff with #3.

#1 recognizes and flattens out in the corner while #3 comes off the handoff looking to get in the lane and score or drive and kick out to #1.



5

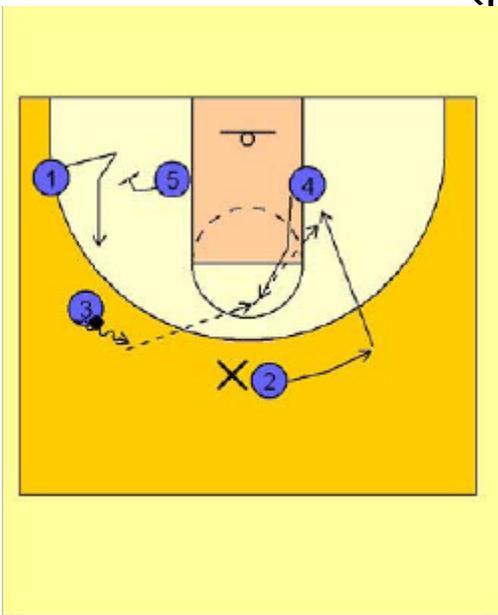
Pressure Releases (Dribble Clear Series)

As with all post / perimeter dribble handoff action, #4 would roll into the lane while #5 would bring his defender up and out of the lane, giving #4 room to work in the lane.

If #3 could not pass directly into #4 because of #4's defender fronting and denying the pass, #3 would look to reverse the ball back to #5 who may have a better passing angle inside to #4.

www.coachjayjohn.com Page 43

Pressure release (pinch post)



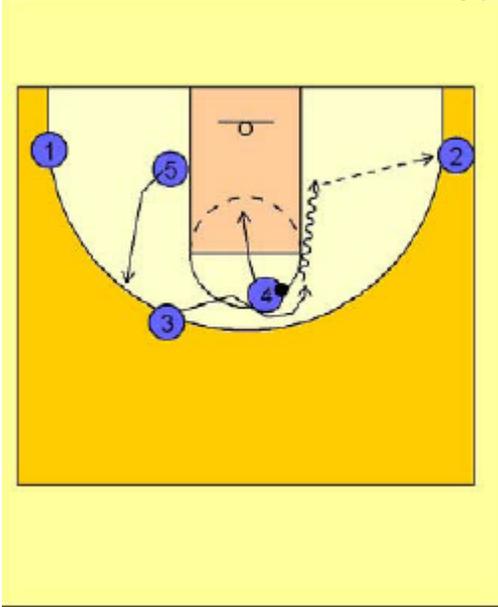
1

Pressure Releases (Culmination - Pinch Post Series)

When and if you cannot make the Pinch Post Series entry to the top man, #2 in this diagram, #3 can and will drive the ball at the man being denied, #2 backs up a few steps to the top right wing area.

#4 continues his normal movement and flashes to the high post area to receive the pass from #3.

#2 cuts backdoor and looks for the entry pass from #4.



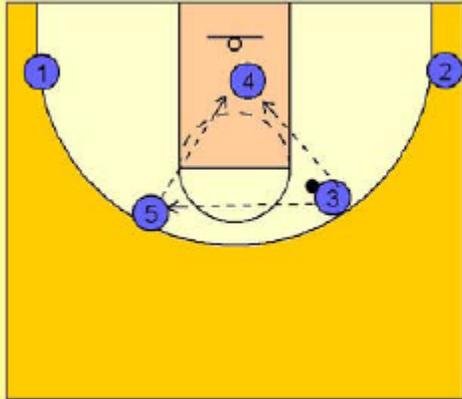
2

Pressure Releases (Culmination - Pinch Post Series)

If #2 was not open or did not receive the pass, #4 will then look to dribble the ball towards the left side of the floor.

#3 will not look to take the handoff from #4. #3 looks to attack the lane, drive and kick out to #2 on the right corner / wing area, or look to hit #4 rolling to the basket.

Again, as with all post / perimeter dribble handoffs on top, the top post player rolls into the middle of the lane while the opposite post player, #5 in this diagram, flashes on top, taking his defender out of the lane.



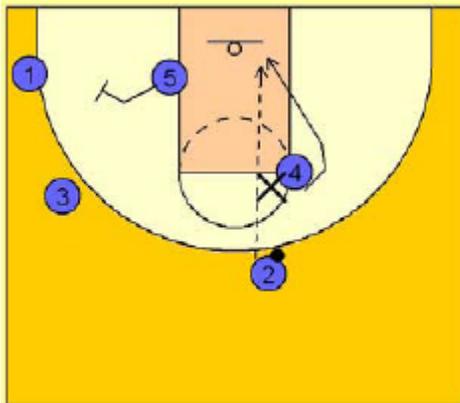
3

Pressure Releases (Culmination - Pinch Post Series)

#3 can look to feed the post man #4 or reverse the ball back to #5 who can look for a better passing angle into the post man #4.

www.coachjayjohn.com Page 44

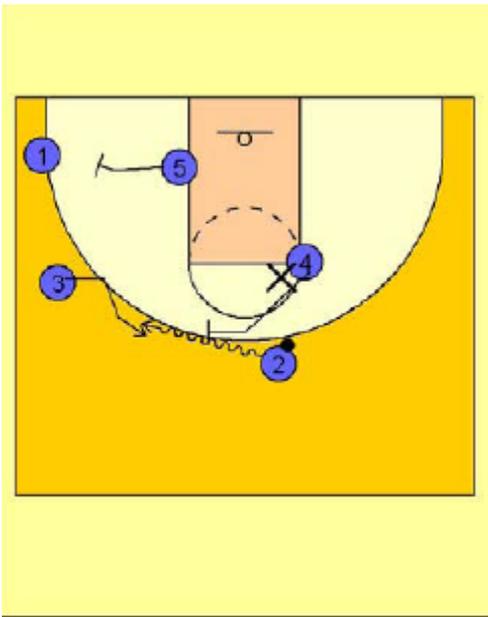
Pressure release (pinch post)



4

Pressure Releases (Culmination - Pinch Post Series)

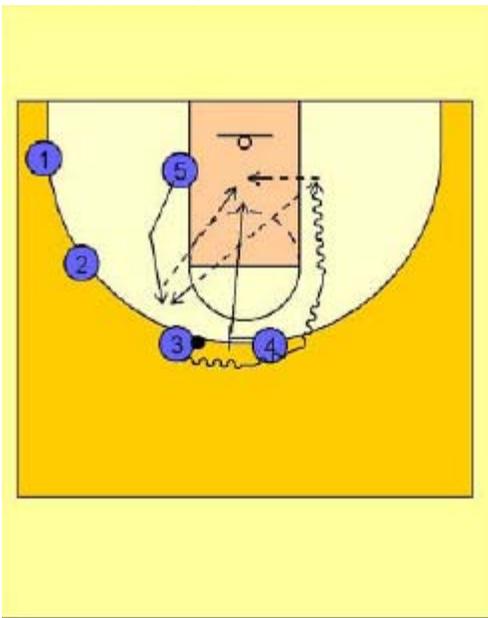
When the post man is denied the entry pass to the high post, the first and easiest option would be for the post player #4 to make a spin move to the basket and look for the over the top pass from #2.



5

Pressure Releases (Culmination - Pinch Post Series)

When the post man #4 is denied the entry pass, does not execute the spin move to the basket, or the post player is late in getting to the high post, #2 should not wait and should keep the offense moving. Here we see #2 using the option to drive the ball at the wing player #3, when #4 is unavailable for the pass. #3 will fake in and over the top for the dribble handoff from #2. #4 recognizes the dribble handoff by #2 and #3 and moves up to set a ball screen for #3.



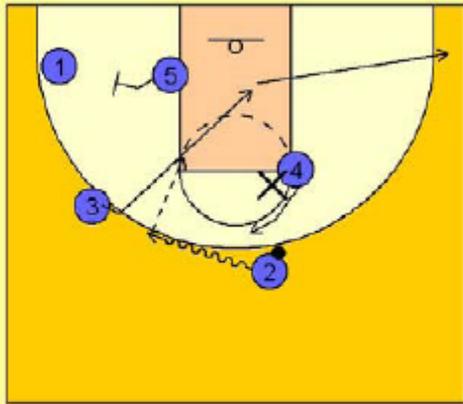
6

Pressure Releases (Culmination - Pinch Post Series)

As soon as #3 gets the ball from #2, #3 will take the ball off the ball screen from #4 and look to attack in the lane. #3 can look to score, dump the ball off to the rolling #4 man, or pass back to #5 stepping out on top. #5 may have a shot if his man stayed and helped on the post or he can look to feed #4 inside if he was being fronted on the initial cut into the lane.

www.coachjayjohn.com Page 45

Pressure release (pinch post)

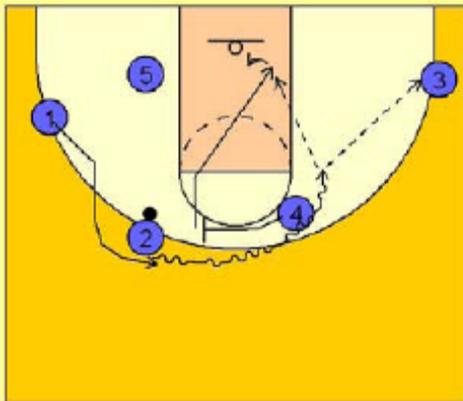


7

Pressure Releases (Culmination - Pinch Post Series)

Another option on this play is for #3 to fake as if he is coming for the handoff from #2 and then cut backdoor looking for the pass from #3. If #3 does not receive the ball he immediately cuts out to the opposite corner / wing area and gets ready to receive a pass in the corner for a shot.

#4 sees the dribble entry and starts to move up and out from the freethrow line area.

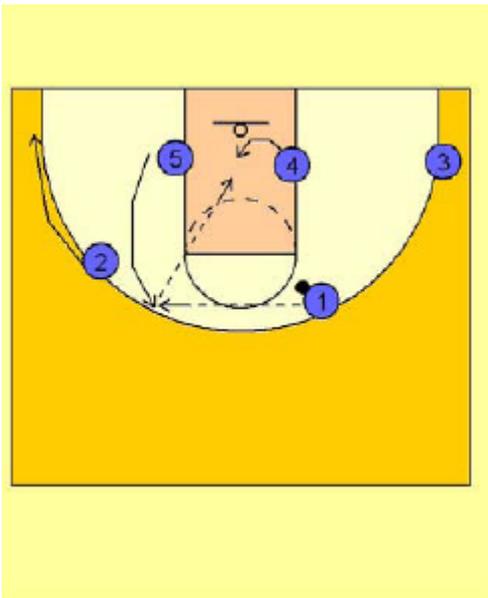


8

Pressure Releases (Culmination - Pinch Post Series)

#1 now comes up right after #3's backcut and receives the dribble handoff from #2. As this action is taking place, #4 moves over to set a ballscreen immediately once #1 comes off with the ball.

#1 looks to get in the gap with the dribble to score, pass to #4 rolling in the lane, or kick out to #3 on the right wing.



9

Pressure Releases (Culmination - Pinch Post Series)

After #2 executes the dribble handoff with #1, he will continue his movement to the left wing / corner area.

#4 rolls to the basket and the opposite post player, #5, flashes high, looking to get his defender out of the lane and also to receive the next pass from #1 for perhaps a better passing angle in the post, especially if #4 is fronted on the ball side.

www.coachjayjohn.com Page 46

Pass Option

In closing, this complete offensive system gives you the *opportunity to execute...*

(13) Backdoor Cuts

(12) Down Screens

(8) Back Screens

(6) Dribble Handoffs

(5) Ball Screens

(3) Lobs

(2) X-cuts

...not to mention the numerous screens and cuts associated with your motion offense.

You will have a multitude of offensive options at your disposal, with no verbal or physical signals to alert your opponent.

How you will execute each option is up to YOU and YOUR TEAM.

When you do execute its great to see.

Thank you and good luck!

www.coachjayjohn.com Page 47

For other top-selling basketball products and services from Oregon State University Assistant Coach John Saintignon please visit:

www.coachjayjohn.com

Products include: